Shoscombe PSHE Progression Document

Purpose and Aims of our PSHE Curriculum:

"When we help children become emotionally literate, they'll be more successful in school and in life". **Vanessa Levin**

PSHE is taught systematically from Reception to Year Six following the Jigsaw scheme of work. Children have a weekly PSHE lesson which incorporates strategies linked to mindfulness and an agreed class charter to ensure that learning can proceed and flourish from a safe place. Each child is valued as a unique individual and respected for who they are regardless of family background. We recognise that happy children learn best and we work tirelessly to ensure positive mental health and well-being of all our children. Jigsaw provides a whole-school curriculum that builds social skills, grows emotional literacy, enables mental health and nurtures children's positive relationships with themselves and others. Therefore, this will aim to improve their capacity to learn, their resilience and emotional well-being and mental health and support them in life challenges.

Our 2-year Cycle Long Term Overview in PSHE (How we have organised the Jigsaw pieces)

There are six Puzzles in Jigsaw that are designed to progress in sequence from the start of each academic year. The whole school completes the same unit at the same time meaning they can be celebrated in a meaningful way. Throughout a child's school journey they will revisit content and objectives which build on each other. See the progression documents below:

Term 1: [Being me in my world](#)
Term 2: [Celebrating difference](#)
Term 3: [Dreams and goals](#)
Term 4: [Healthy me](#)
Term 5: [Relationships](#)
Term 6: [Changing me](#) (including Sex Education)   Jigsaw PSHE is fully compliant with the DfE Statutory Relationships & Health Education Guidance. See [Statutory Relationships and Health education map](#) to where each objective will be covered.

Cycle A	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Whole School Core Values	**Creativity and Wonder**	**Respect**	**Aspiration**	**Joy**	**Empathy**	**Resilience**
PSHE theme (Jigsaw)	Being me in my world	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing me
EYFS Breadth of Study	Reception Unit Being me in my word	Reception Unit Celebrating differences	Reception Unit Dreams and Goals	Reception Unit Healthy Me	Reception Unit Relationships	Reception Unit Changing me
Year 1&2 Breadth of Study	Being me in my world Year 1 unit	Celebrating Difference Year 1 unit	Dreams and Goals Year 1 unit	Healthy Me Year 1 unit	Relationships Year 1 unit	Changing me Year appropriate units
Year 3&4 Breadth of Study	Being me in my world Year 4 Unit	Celebrating differences Year 4 Unit	Dreams and goals Year 4 Unit	Healthy me Year 4 Unit	Relationships Year 4 Unit	Changing me Year appropriate units
Year 5&6 Breadth of Study	Being me in my world Year 5 unit	Celebrating differences Year 5 unit	Dreams and Goals Year 5 unit	Healthy Me Year 5 unit	Relationships Year 5 unit	Changing me Year appropriate units

Cycle B	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Whole School Core Values	**Creativity and Wonder**	**Respect**	**Aspiration**	**Joy**	**Empathy**	**Resilience**
PSHE theme (Jigsaw)	Being me in my world	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing me
EYFS Breadth of Study	Reception Unit Being me in my word	Reception Unit Celebrating differences	Reception Unit Dreams and Goals	Reception Unit Healthy Me	Reception Unit Relationships	Reception Unit Changing me
Year 1&2 Breadth of Study	Being me in my world Year 2 Unit	Celebrating Difference Year 2 Unit	Dreams and Goals Year 2 Unit	Healthy Me Year 2 Unit	Relationships Year 2 Unit	Changing me Year 2 Unit
Year 3&4 Breadth of Study	Being me in my world Year 3 Unit	Celebrating differences Year 3 Unit	Dreams and goals Year 3 Unit	Healthy me Year 3 Unit	Relationships Year 3 Unit	Changing me Years 3 & 4 Units respectively
Year 5&6 Breadth of Study	Being me in my world Year 6 Unit	Celebrating differences Year 6 Unit	Dreams and goals Year 6 Unit	Healthy me Year 6 Unit	Relationships Year 6 Unit	Changing me Years 5 & 6 Units respectively